

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helga Moreira**

Has successfully participated & completed the

**21km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 02:15:10**

**PACE 06:25/km**

**GENDER 37 of 206**

**OVERALL 189 of 530**

**40+ 12 of 84**

16 February 2019, Sat

Date



*BoutTime*

Signature

